

The background features a vertical gradient from light green at the top to light orange at the bottom. Scattered throughout are various star and sparkle icons: a yellow star at the top left, a black star at the top center, an orange star at the top right, a teal star on the left side, a pink star on the right side, a black star at the bottom left, a yellow star at the bottom left, a red star at the bottom center, a teal star at the bottom center, and a black star at the bottom right.

Getting Ready for Kindergarten

Table of contents

01

Kindergarten Information

What does Kindergarten look like?

02

Ways to help your child get ready for Kindergarten

- Social and Emotional Skills
- Self-Care Skills
- Fine and Gross Motor Skills
- Math Skills
- Literacy Skills

03

Reading

- Local Library
- YouTube Read Aloud

04

During the first week of school

Discussion points

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01

What does Kindergarten look like?

Our five Elementary Schools

Lincoln School



Radcliffe School



Spring Garden School



Washington School



Yantacaw School



Information



Elementary School Hours

Full Day 8:30 a.m. – 3:20 p.m.

Single-Session Day 8:30 a.m. – 12:30 p.m.

Delayed Opening 10:00 a.m. – 3:20 p.m.

Lunch

Children have the option of going out to lunch with a guardian or eating in the cafeteria. Children can pack lunch or purchase through Pomptonian Food Services.

Children will travel for specials

Art

Computers/Library

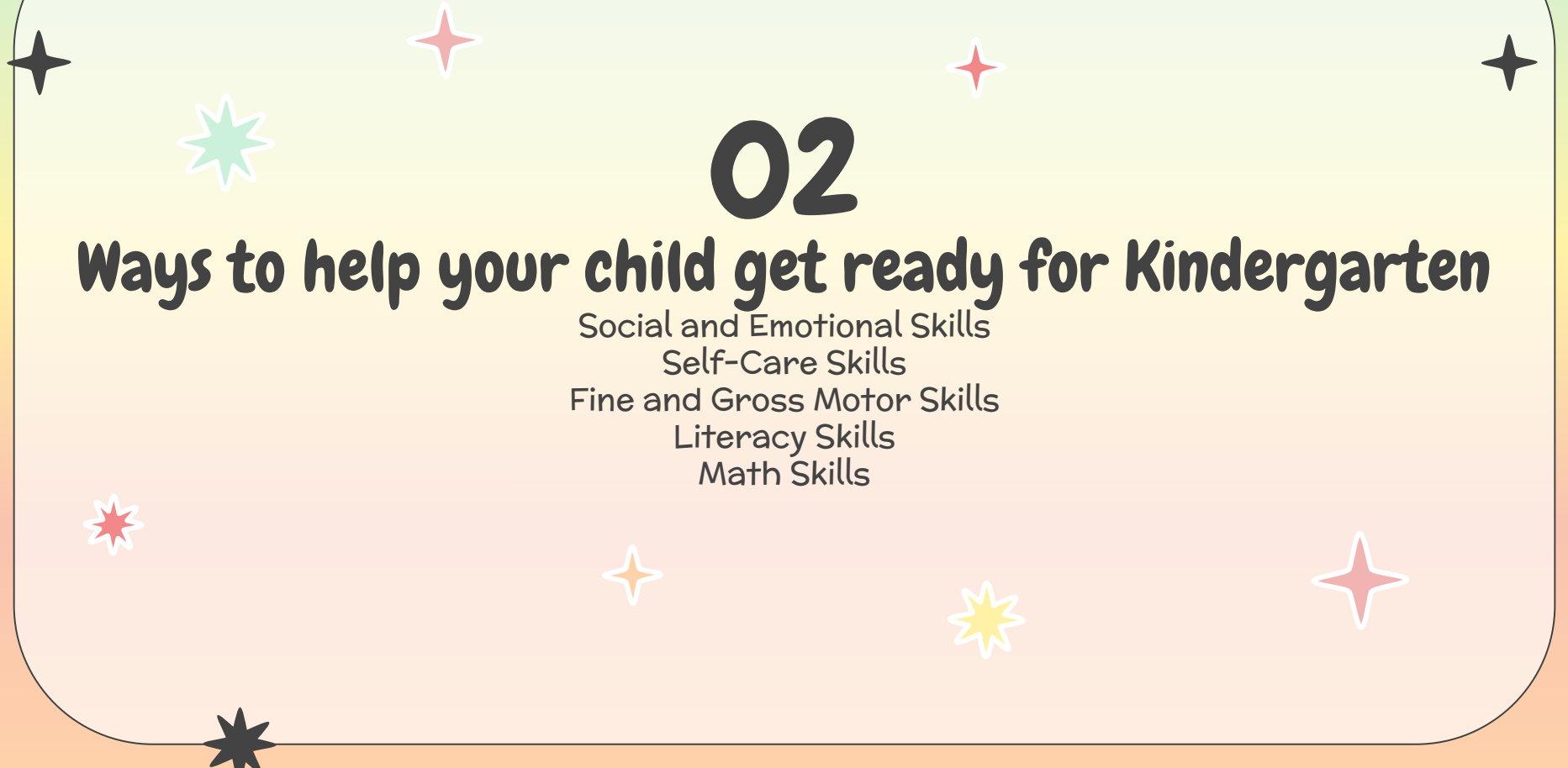
Music

Physical Education

Instruction

Large Group

Small Group

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02

Ways to help your child get ready for Kindergarten

Social and Emotional Skills

Self-Care Skills

Fine and Gross Motor Skills

Literacy Skills

Math Skills

Social and Emotional Skills



Discuss	<ul style="list-style-type: none">○ Discuss with your child how they are feeling– Children may feel anxious, put them at ease. Ask questions and encourage questions. “What do you want to know about Kindergarten? You seem a little nervous, what are you thinking about?” Let your child know it’s OK to be nervous. Describe what the school day will be like. Emphasize the fun things they will do and learn and the friends they will make.
Explain	<ul style="list-style-type: none">○ Explain that the teacher is always there to help and that it’s OK to ask. Have your child practice asking for help before the school year begins.
Remind	<ul style="list-style-type: none">○ Remind your child of their strengths. Talk about the things your child has done and learned in the past, point out past successes.

Self-Care Skills



- **Encourage your child to and help them practice do the following**
 - **get dressed, putting shoes and coat on by themselves**
 - **using the bathroom, washing their hands, wiping their face and nose independently**



- **Start teaching and transferring responsibilities. Put your child in charge of emptying their backpack or putting groceries on the shelf.**



- **Give your child two and three step directions by playing new games together, or “put on your pajamas, brush your teeth and pick a book to read”**

Set a clear bedtime and morning routine

- Before school starts, run through the morning and bedtime routine. Practice having your child wake up on time, get dressed, eat breakfast and go to bed early. (Phase out nap time)



Use the bathroom

Brush teeth

Brush hair

Get dressed

Eat breakfast



Fine and Gross Motor Skills



- Allow your child to practice cutting with safety scissors; copy letters, numbers, shapes, first and last name; draw pictures; put together a puzzle.

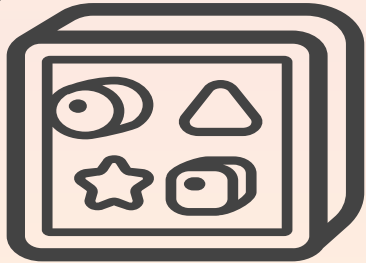


- Encourage your child to run, jump, hop on one foot, climb stairs using alternating feet; throw, catch, kick a ball.



Math Skills

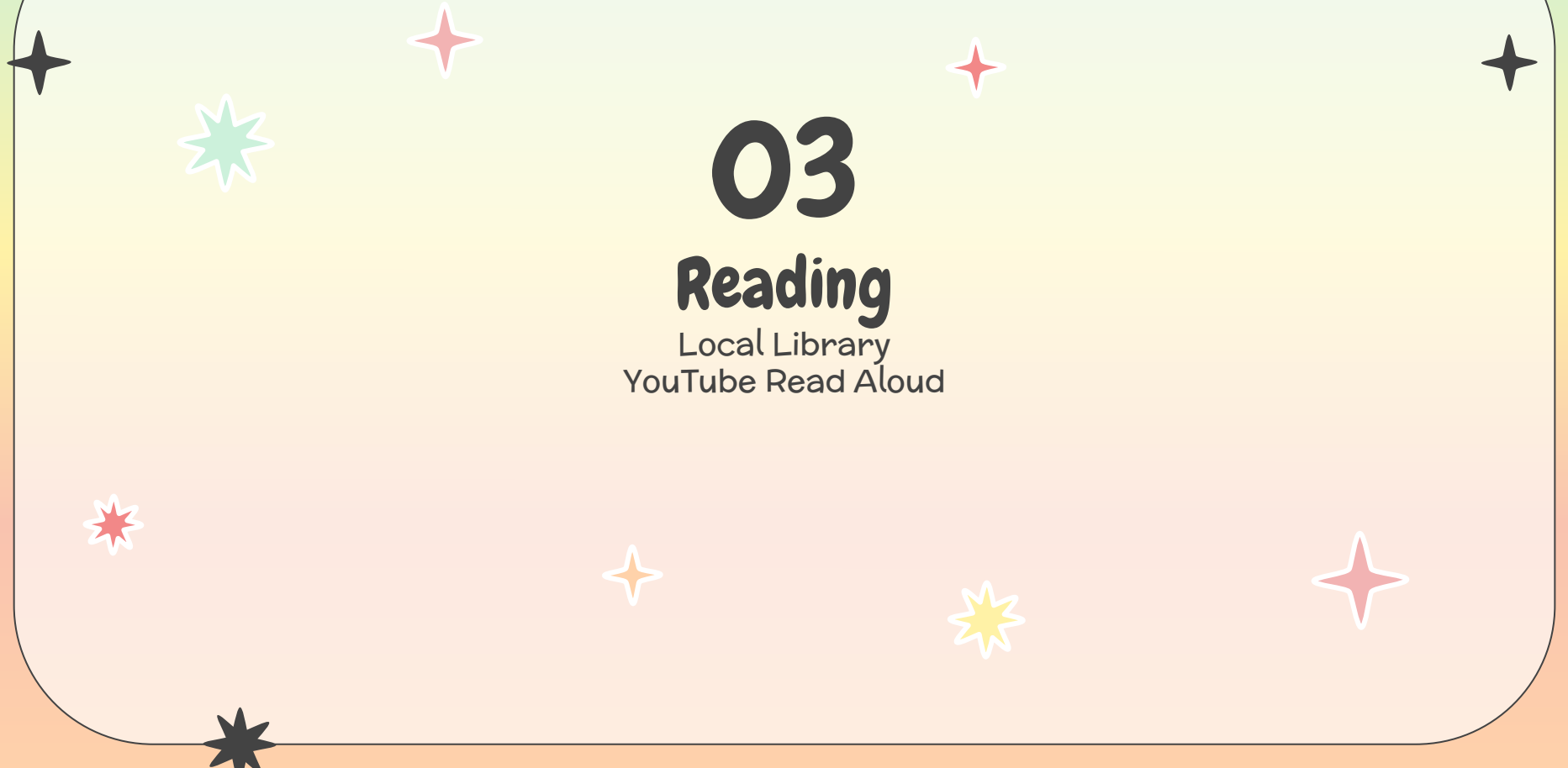
- Play games that will help your child
 - count and identify numbers 1-20
 - identify colors
 - identify shapes



Literacy Skills

- Read to your child as often as possible. It helps lay the foundation for Kindergarten learning and prepare children for listening time in the classroom.
- Play games that will help your child recognize the letters in the alphabet.
- Sing nursery rhymes



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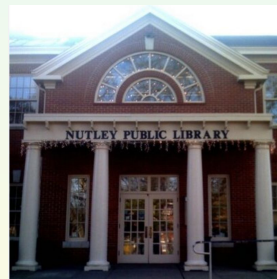
03

Reading

Local Library
YouTube Read Aloud

Nutley Public Library

<https://nutleypubliclibrary.org/>



Address, Phone Number, Email

93 Booth Drive

973-667-0405

LIBRARY@NUTLEYNJ.ORG

Hours

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9 AM - 9 PM	9 AM - 9 PM	9 AM - 5 PM	9 AM - 9 PM	9 AM - 5 PM	9 AM - 5 PM	CLOSED

Library Card

[Apply Online for a Library Card](#)

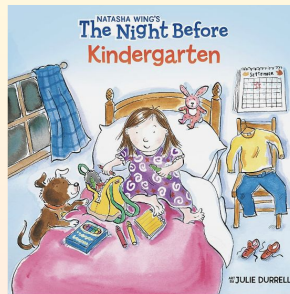


YouTube Read Alouds



<u>The Queen of Kindergarten Read Aloud</u>	<u>The King of Kindergarten Read Aloud</u>
<u>Amy Wu and the Warm Welcome Read Aloud</u>	<u>The Magical Yet Read Aloud</u>
<u>ROAR Like a Dandelion Read Aloud</u>	<u>I Know Numbers Read Aloud</u>
<u>Dozen of Doughnuts Read Aloud</u>	<u>Pitter Pattern Read Aloud</u>
<u>Read Island Read Aloud</u>	<u>Superluminous Read Aloud</u>
<u>What Is Science? Read Aloud</u>	<u>Be Kind Read Aloud</u>
<u>The Book of Mistakes Read Aloud</u>	<u>Happy Read Aloud</u>
<u>Goodbye Brings Hello Read Aloud</u>	








The Night Before Kindergarten Read Aloud

JULY						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Take a walk around the neighborhood. Find an object. What do they mean? What does it do? How does it work? (Ex. the doghouse doorbell.)	4 Sing the attached lullaby rhymes. Sing them fast. Then sing them slowly. Have your child identify which words rhyme.	5 Sing the attached lullaby rhymes. Sing them fast. Then sing them slowly. Have your child identify which words rhyme.	6 Draw a picture of your favorite thing to eat. Describe why it is your favorite.	7 Practice waiting your turn. Observe how many times it takes to make them down. Observe the importance of being patient with your child.	8
9 Put on some music and dance. Can you dance fast? Can you dance slow? Have everyone demonstrate their favorite dance move.	10 Talk about emotions. How do you feel when you are happy, sad, angry, etc. Have your child show you a picture.	11 Draw a picture of what makes you happy.	12 Read a story about a child who is nervous about starting school. Discuss how the child feels and how they overcome their fears.	13 Read a story about a child who is nervous about starting school. Discuss how the child feels and how they overcome their fears.	14 Read a story about a child who is nervous about starting school. Discuss how the child feels and how they overcome their fears.	15
16 Look for shapes around your house. Make tally marks of how many shapes you find.	17 Look for shapes around your house. Make tally marks of how many shapes you find.	18 Make a grocery list. Write the names of all the items on the list. Have your child help you to write the list.	19 Write the names of everyone in your family. Have many letters in each name?	20 Read a new book with an object. Observe how many times it takes to make them down. Observe the importance of being patient with your child.	21 Read a new book with an object. Observe how many times it takes to make them down. Observe the importance of being patient with your child.	22
23	24 Draw a picture of what you love. Have an adult help you write your feelings. (Ex. I love my dog.)	25 Draw a picture of what you love. Have an adult help you write your feelings. (Ex. I love my dog.)	26	27	28	29

PreK Summer Activity Calendar



04



During the First Week



During the first week of school

Adjusting may take time. Having meaningful discussions with your child is a great way to be supportive. The following are some examples of talking points:

- What was the most fun thing you did in school today? What was the hardest thing for you?
- What stories has your teacher read?
- Did you go outside?
- Who did you play with today?
- See if your child brought home drawings or paintings and ask them about it.

Don't expect your child to tell you every detail but make sure to celebrate any successes they have to instill confidence in them.



**Enjoy being the parent
of a kindergartner!**