



# Start With Hello Week 2025

**September 15-19, 2025**

Participate in Sandy Hook Promise's national campaign to celebrate kindness, connection, inclusion, empathy, and belonging

**Mon**

## **Meet N Greet Monday**

Meet someone  
new by saying  
hello!

**Tues**

## **Upstander Tuesday**

Show appreciation  
to Upstanders  
who reach out and  
help others!

**Wed**

## **Wear Green Wednesday**

Wear green as a  
symbol of unity,  
inclusivity, and  
solidarity

**Thurs**

## **Schoolwide Assembly**

NHS Schoolwide  
Assembly for Mental  
Health and Suicide  
Prevention

**Fri**

## **Club Fair Friday**

Find a new friend  
and come out to  
NHS's Club Fair! Get  
involved with your  
school community!



Sandy Hook  
**PROMISE**