Anxiety in Elementary Age Children

Fearful and anxious behavior is common in children. Most children learn to cope with a range of normal fears and worries. However, extra help may be needed when:

- children feel anxious more than other children of their age and level
- anxiety stops them participating in activities at school or socially
- anxiety interferes with their ability to do things that other children their age do easily
- the fears and worries seem out of proportion to the issues in their life

Join your elementary School Counselors on October 10, 2017 for an informative workshop to help your child that explores anxiety in children; and what parents can do to support their child.

Mrs. Kelli Cernignlia-Washington School
Ms. Lauren Fontana-Radcliffe & Yantacaw Schools
Mrs. Nancy Thunell-Lincoln & Spring Garden Schools

Date: October 10, 2017
Time: 6:30PM
Place: Lincoln School Auditorium